The gymnasium is open for Fitness Center Members during the times displayed on our monthly open gymnasium schedule. The schedule is available at the Front Desk, on the app and at jccsf.org; it’s also posted in the gymnasium and Fitness Center. This schedule changes every month, so please check that you have the correct information.

Please help us keep the gymnasium in top condition by following these policies.

**GENERAL POLICIES**
Open gymnasium times are available to JCCSF Fitness Center Members.

To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

If the public doors (north/east corner of gymnasium) are closed, please do not prop them open or enter/leave the gymnasium through them.

Bathrooms are located on the 2nd floor in the Fitness Center.

**No food or drink** (including sports drinks) are allowed in the gymnasium, except bottled water.

Only **non-marking soled shoes** are permitted on the basketball court.

Do not operate any equipment in the gymnasium, including baskets, curtain and scoreboards.

Do not enter or open any closet.

Do not throw or kick balls (or any object) against any wall, padded or not.

Exercise equipment like weights, dumbbells or exercise balls is not permitted in the gymnasium.

When the entire gymnasium is open, the west court must remain open for children and half-court games. The east court can be used for full-court games.

**CHILDREN 12 & YOUNGER**
Children ages 12 and younger must be accompanied by a parent or caregiver at all times.

**LOWERED BASKETS**
If a basket is available, you can ask the Front Desk to have one basket lowered to 8 feet. For safety purposes we do not leave baskets lowered while unattended. We cannot guarantee that a basket will be available to lower.

**PICK-UP BASKETBALL GAMES**
If players are waiting to get in a game, or if there is a disagreement regarding game rules, the following rules will govern all pick-up basketball games:

Sign in on the whiteboard located next to the fitness staircase to reserve your space in the next game.

Teams will be set up in the order that players arrive.

Games are played to 13 points, and each basket is worth 1 point.

The winning team stays on the court. However, no team may play more than 2 games in a row.

Members are expected to participate in a respectful manner consistent with the core values of the Jewish Community Center of San Francisco. The use of inappropriate language, violence or dirty play will not be tolerated. Members exhibiting any of these behaviors, or acting in any way deemed by JCCSF Staff to be contrary to the values of the JCCSF will be instructed to leave the gymnasium by the JCCSF Staff immediately.